



CLASS SHOW GUIDE

Wynken, Blynken & NOD

What Is **FIRST STAGE**?

Our FIRST STAGE productions are perfect for preschoolers, children with special needs or sensory needs, or others who desire a gentler, more interactive and personal performance.

Our **FIRST STAGE** productions feature:

- Interactions with performers
- A smaller theater space where kids are part of the action
- Flexible seating in chairs, on the floor, on benches, etc.
- A "shush-free" environment
- Minimal lighting changes or periods of complete black-out
- Few, if any, loud sounds
- A whole lot of imagination and fun!

Presented in the intimate setting of The Rose's Hitchcock Stage (a smaller theater space located on our 4th floor), FIRST STAGE allows children to become completely absorbed in the theatrical experience. We encourage interaction with the performers and children are invited to say goodbye to the performers after the show!

Pre-Show Activities

Preparing For A Visit To The Rose Theater!

CIRCLE ACTIVITY • 10-15 MINUTES

Objective: To prepare students for their field trip to The Rose Theater.

Materials: The Rose Theater Social Story

<http://www.rosetheater.org/box-office/accessibility/social-stories/>

Discussion: "Seeing a live play is different than watching a movie or a TV show. The actors in a live play are really in front of you! If you yell out or talk during the show, the actors will hear you. But they might ask you to participate or yell along with them!"

Activity: Share the Social Story via a SmartBoard. Be sure to let them know their show will be in a different, smaller theater than the Mainstage in the photos!

Acting Out Bedtime

CIRCLE ACTIVITY • 15-20 MINUTES

Objective: Students will use their bodies and imaginations to pantomime getting ready for bed in preparation for *Wynken, Blynken, and Nod*.

Discussion: "In the play we are going to see, there will be three characters named Wynken, Blynken, and Nod. In the story they are trying to go to sleep. What are some things you do to get ready for bed?"

Brainstorming: As a class make a list of activities we do before bed: brushing teeth, brushing hair, putting on pajamas, reading a story, being tucked in.

Activity: Sitting or standing in a circle, narrate what we do as we get ready for bed. "All of the sudden everyone felt very sleepy. Friends, show me that you're sleepy in your spot. They decided to go change into their pajamas. They brushed their teeth." As students pantomime [or act out without words] putting on their pajamas, call "FREEZE!" to ask them what color their pajamas are, how fluffy their pillow is, and other questions throughout the dramatic play. Continue narrating until they are tucked away in bed!

Extension: Brainstorm and act out other times of the day.

Row Row Row Your Boat!

CIRCLE ACTIVITY • 5-10 MINUTES

Objective: Students will sing a song in preparation for *Wynken, Blynken, and Nod*.

Materials (optional): Picture of a boat, Small toy boat

Discussion: "We are going to see a play at The Rose Theater with three characters name Wynken, Blynken and Nod! They are going to go on an adventure in a boat!"

Brainstorming: "Where do we see boats? Yes, in the water! There is a special song I'd like to sing called Row Row Row Your Boat. Let's sing it together."

Activity: Sitting in a circle, encourage students to use their imaginations and pretend like they're sitting in a big boat. As a class, sing Row, Row, Row Your Boat and pantomime rowing the boat. Try singing really slow, fast, tired, confused, loud, soft, and on and on!

Sidecoaching: "What color is our boat? Is it new? Does it have a name? What kind of creatures do we see in the water next to our boat?"

UPCOMING SHOWS



ALICE'S ROCK & ROLL ADVENTURE
Based on Alice's Adventures in Wonderland and Through the Looking Glass and What Alice Found There

Wonderland: Alice's Rock & Roll Adventure

BEST FOR K - 8th GRADE
ROCK & ROLL EXTRAVAGANZA
60 MINUTES

Book by Rachel Rockwell. Music by Michael Mahler.
Lyrics by Michael Mahler and Rachel Rockwell.

Join Alice as she encounters the familiar faces of Wonderland whirled together with a wild wide range of modern music styles, from glam rock glitter and pop-hook punk to jangly guitar grinds and stadium anthem swagger.



Curious George & The Golden Meatball

BEST FOR PRE-K - 4th GRADE
MUSICAL MONKEY BUSINESS
60 MINUTES

Based on the Books by Margret and H.A. Rey and the Play Owned by Universal Stage Productions
Music by John Kavanaugh
Book & Lyrics by Jeremy Desmon

Everyone's favorite little monkey and his trusty human companion, The Man with the Yellow Hat, bring their fun-filled friendship to The Rose stage in this live musical delight.

Want to book a workshop? Workshops at Your School

The Rose offers several workshops that can take place AT YOUR SCHOOL. A professional Rose teaching artist can visit your classroom for one to five days in a one week time period to explore, through drama, a curriculum topic of your choice. **To register your class for a workshop that will take place at your school, please contact Melissa Richter at (402) 502-4625 or melissar@rosetheater.org.**

Workshops at The Rose

A workshop AT THE ROSE is the perfect way to explore themes from a school field trip show or learn about the profession of theater. A professional teaching artist with a college degree in dramatic arts education will lead your class. **To register your class for a Workshop at The Rose, please contact Melissa Richter at (402) 502-4625 or melissar@rosetheater.org.**

Visit www.rosetheater.org for more information!



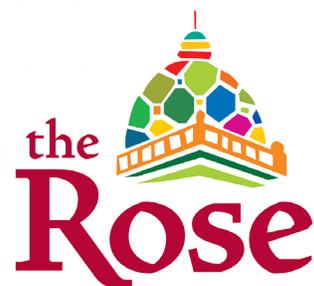
Free Funding Is Available for Field Trips! We understand that budgets are tight. That's why we're offering two great solutions to help pay for your school's field trip expenses. Both Nebraska Arts Council and Target Stores are offering financial assistance to help underwrite the cost of providing your students with experiences such as those provided by The Rose Theater. For more information, please visit www.nebraskaartscouncil.org (click "Grants" to see all categories) or www.target.com/fieldtrips.

Write To Us!

Letters may be written to:
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Performing Arts
FOR CHILDREN AND FAMILIES

Wynken, Blynken & NOD

Post-Show Activities

Where Could We Go?

OUT-OF-CHAIR ACTIVITY • 15-20 MINUTES

Objective: Students will recall the story of *Wynken, Blynken, and Nod* with their bodies, voices, and imaginations.

Discussion: “In the Rose Theater performance of *Wynken, Blynken, and Nod*, they went on many adventures. Today we are going to use our imaginations to go on a few adventures!”

Brainstorming: “Where did Wynken, Blynken, and Nod go in our story? How did they get there?”

Activity: Sitting in a circle, invite students to think about where the class could travel. After several suggestions, decide to which location the class will travel. “What do we need to do to prepare for this adventure? Wynken, Blynken, and Nod brought goggles and fishing poles with them on their adventure. What will we need?” As students come up with answers, lead them in pantomime dressing for their adventure or placing objects in their imaginary backpacks.

Sidecoaching: Remind students of the toy chest *Wynken, Blynken, and Nod* had in the play. “Let’s imagine there is a toy chest in the middle of our circle! What could we take out of it?”

Extension: Travel to other locations that students have learned about in their classroom, like a farm, garden, or underwater!

Storm Soundscape!

OUT-OF-CHAIR ACTIVITY • 10-20 MINUTES

Objective: Students will use their bodies, voices, and imaginations to create a storm.

Discussion: “There was a big storm in *Wynken, Blynken, and Nod*! How did the actors make it seem like there was a storm inside the theater?”

Optional Materials: Parachute or fabric, spray bottles

Brainstorming: “How can we make the sound of thunder with our hands or voices? What does it sound like when it rains? How could we make the sound of rain with our voices? Today we are going to recreate our own thunderstorm using just our bodies and voices.”

Activity: Seated in a circle, encourage students to begin quietly using their voices, hands, and feet to make the sound of the pitter patter of rain. Guide students in slowly increasing and decreasing intensity and volume!

Optional Extension: With students seated in a circle on the carpet, use a parachute over them to simulate a storm’s wind. Lightly mist the students with a spray bottle to simulate rain water.



Behind the Scenes Spotlight: The Props Designer! Meet the Artist, Devon Denn-Young!

Devon Denn-Young: The resident Prop Mistress of The Rose Theater is now in her second season here. Devon received a BFA from Nebraska Wesleyan University and a MVPA from Charles Sturt University, both in technical theatre. Devon has worked in many areas of technical theatre over her career. Costume Designer at Brownville Village Theatre from 2011 to 2016; Technical Director of Theater at Peru State College from 2010 to 2016; Instructor and Costume Designer at Doane University from 2008 - 2010. She is elated to work on this world premiere production of *Wynken, Blynken, and Nod!*



Q: What are props? How does someone design props?

A: A prop, formally known as (theatrical) property, is an object used on stage by actors during a performance. Before I begin designing, I like to read the script at least three times! The script holds a lot of clues as to which props the play might need. At The Rose Theater, we hold design meetings with all designers and the director at the same time. At this meeting, we discuss what the director's ideas are for the play, and provide any thoughts we might have as to style, size, or other important information about possible props. Next, I do a lot of research! Research is the process of finding information about and images of the properties you plan to use. Then, I'll design the props that need to be built. I like to design with paper and pencil, but some designers prefer to use computer programs. Finally, I will build the designed props with all kinds of materials: foam, tape, wood, glue, paint, and on and on! It is a long but very fun process!

Q: What was one of your favorite props to make for *Wynken, Blynken, and Nod!*

A: The Octopus Puppet!

Q: What is one fun thing and one challenging thing about creating props for a show?

A: Building the props is a lot of fun. Each show can have different challenges. I often find that I must learn new skills regularly in order to meet the needs of the properties I am making for productions.

Q: How do two designers work together to create props for one show?

A: Being able to communicate clearly and effectively is very important when working with other designers. It also helps when you are able to divide the workload, but it is always important to discuss your plans for what the final product should look like!

Q: What is your advice for a young person who wants to make props for a living?

A: It is important for a young person interested in this field to have a wide knowledge of information. You should like crafting, sewing, carpentry, electrical work, and research. I would start by volunteering at your local community theater in the prop department. That's a great way to get lots of experience and a good working knowledge of crafting, sewing, carpentry, electrical work, and research. Prop masters do not necessarily need a college education to work in the field, but many go to undergraduate and graduate schools. Sometimes practical experience in props is enough to create a career in properties. In that case, doing internships and apprenticeships will be a helpful tool.

Thank you for sharing your work with us, Devon!

Herring Fish Puppet

IN-CHAIR ACTIVITY • 20-30 MINUTES

Objective: Students will create a herring fish puppet

Materials: Paper plates, Popsicle sticks, Glue/Tape, Crayons or Watercolor paints, Googly Eyes, Scissors

Discussion: “Do you remember when Wynken, Blynken, and Nod went on an adventure to catch many herring fish? We are going to make our own herring fish puppets today!”

Modeling: Show students a completed herring fish puppet that you have made.

Activity: Cut a small triangle on one side of a paper plate and tape/ glue it to the opposite side to serve as the fish’s tail! Invite students to color or paint their puppet. Encourage them to use many colors. Tape/ glue a popsicle stick to the bottom so students can manipulate the puppet. Don’t forget to add googly eyes!

Extension: After students have created their puppets, invite them to explore how their fish puppets can move, swim, and dance to different music. If the music is slow, encourage students to move their fish puppets differently than when the music is fast.



Don't Wake Me Up, Blynken!

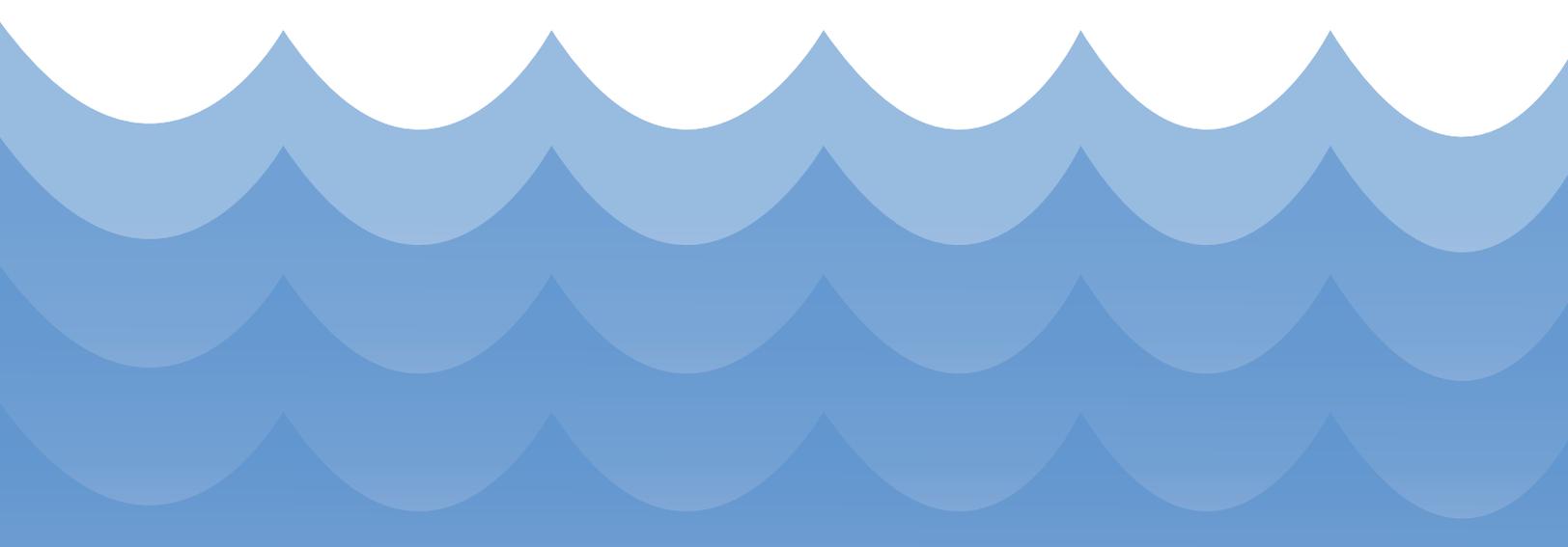
OUT-OF-CHAIR ACTIVITY • 15-20 MINUTES

Objective: Students will use their bodies to act like mischievous adventurers.

Discussion/Activity: “Blynken didn’t want to go to sleep in the beginning of the play! He was very mischievous, and liked to play tricks on his brother and sister. Today you are going to act like you’re tricksters who don’t want to go to sleep. I will go to sleep at my desk. Whenever my eyes are closed, you are going to try to walk very quietly towards me. But if I wake up, you have to FREEZE! If I wake up, and see you moving, you have to come sit by my desk! The first trickster to tap my shoulder gets to be the next sleepy adventurer.

Sidecoaching: Encourage students to take risks to move whenever you aren’t looking.

Extension: For a greater challenge, there could be several sleepy adventurers to catch the tricksters.



Explore More!

If you enjoyed **Wynken, Blynken & Nod**, be sure to check out these other great resources!

Books You Might Enjoy!

1) *Wynken, Blynken, and Nod* by Eugene Field with illustrations by David McPhail

Featuring beautiful illustrations, siblings Wynken, Blynken, and Nod travel into the sky to capture herring fish in nets of gold and silver.

2) *I Took The Moon for a Walk* by Carolyn Curtis

When the day has ended and everyone else has fallen asleep, a young boy embarks on an adventure with his friend, the Moon.

3) *Hush Little Polar Bear* by Jeff Mack

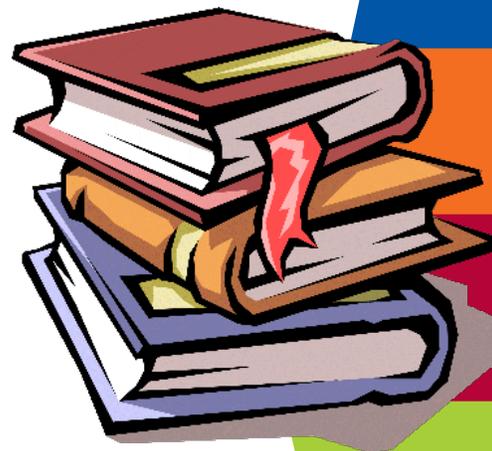
An impossibly cuddly polar travels from one magical place to the next.

4) *Sweet Dreams Lullaby* by Betsy E. Snyder

This peaceful and imaginative picture book invites a bunny—tucked snugly in bed—to dream of comforting scenes from nature's bedtime.

5) *The Going to Bed Book* by Sandra Boynton

Getting ready for sleep is tons of fun, especially in this story!



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